

Clark Metherington.

I. Natural.

- 1) Rhythmic
- 2) Athletic games.
- 3) Hunting games.
- 4) Self-testing activities.
- 5) Dramatic
- 6) Combat activities (fencing)
- 7) Winter sports.
- 8) Water activities.

II. Invented.

- 1) Marching.
- 2) Gymnastics
- 3) Postural

III. Related.

- 1) Outing
- 2) Industrial.

History of Physical Education.

Social, political, religious influences.

Primitive times.

Activities for living were physical.
Education was imitation.

Amusements were songs of war & hunt.
- dancing, was religious, & to celebrate the hunt, victory, crops, rain etc.
- set dances were handed down.

Women worked in home with food & clothing.
strong, motherly, industrious, diligent, patient.

Westbrook, 100. Westbank 100

Wed Dec 11. 12.00 etc.

Phy. 360. History of Phy. Ed.

Bennett

A World History of P.E. Van Dahlen, Mitchell +

PHYSICAL EDUCATION.

(5.50 - 899-4047)

~~CANPER~~ Journal. CAHPER

P.T. physical culture, sports, games, dance, gymnastics, recreation (phys. & not), health.

FITNESS, & PHYSICAL FITNESS.

1943-~~PS~~ Physical Fitness Act - reinduced - NOW - <
Bill C. 131. Can. Gov't. Fitness Act. 1961

Physical demands have lessened to day.

Physical Education. How much of each?

Education - Training of young child.

Physical - Reason for learning.

Age is a factor. "too late"

Physical values same for "timid" & "dude".

Skills improve physically & education takes place, & musculature improves.

Coach is educator - of ethics

Education - immediate & deferred.

Women - in sport - contact sports.

- is 'team-work' a myth?

- hockey, volleyball, basketball, softball.

- 'team' & individual (stressed as team approach)

- gymnastics, track.

Team approach is educational approach.

Competition - must be educational for benefit.

Physical Education → * Growth in body (muscular) skill, phy, mentally, emotionally, socially, spiritually

P.E. 260. Rosalind Cassidy.

As man moves about, the more he is
~~the more~~ will acquire in knowledge.

Planned + purposeful movements - growth
through activity.

(Ceremonial dances, pulling trees, hunting + picking,

Jesse Fairing Wilkins .. Principles of P.E.

P.E. - support + participate in adult education.

Youth. (12 - 20)

C. W. Bartholomew. School Programs + P.E.

P.E. that phase of education -

- big muscle activities
- health + growth activities.
- Total educ. process - social + mental.

J. B. Nash.

P.E. - vigorous total body activities - big.

Bennett Williams Bennie

P.E. Sum of man's total P.E. activities.

Total body processes. - Sport.

Sport - educational + social.

THEME.
DEVELOPMENT OF
BODY + MIND.

- 1) PLATO - EDUCATION.
- 2) BIBLE - EPISTLE TO CORINTHIANS
- 3) TOLSTOY - WAR + PEACE
- 4) MILTON - AEROPATIGA
- 5) SANTAYANA - ON EDUCATION.

Mr. Jobl (JOBL)

P.E. - Humanistic

- Instinctive + moral + social + nationally.

P.E. Long-range plan - goal - aim through steps.

- Before school - school - after school.
- Program planning. B.C. curriculum.
- Qualities must be developed - loyalty, co-op. etc.
- History can help us.

Can - teach us.

- 1) Growth
- 2) Skill
- 3) Emotions
- 4) Human relations.

PHYSICAL

MENTAL

EMOTIONAL

SOCIAL

SPIRITUAL

Report on country of own choosing - other Con. or USA.
History of country. - Geography, Political, economic. + text.

HIST

PRESENT

Present - Political

- Economic
- Educational
- Cultural
- Rec. + P.E.

Refs. from other sources.

CAPHER J. Rec

Folker. Nov. 25. MON.

15-20 pages typewritten

Quote - Sources + bibliography.

* Questions. Your idea of P.E.
Short history of P.E.

WED.

Nov. 13th

- significant statements -
5 quotations from different authors + 'spheres' on P.E.
diff. authors, religious, Plato, Socrates,
Burr, Russell, Yoga
Your idea on P.E. + Rec. 'statement'.

Canada.

- Most P.E. under Dept of Educ. (Provincial) 30 yrs old
(B.N.A. act. for education)
- Differences in philosophy, financial, standards.

<u>FED.</u>	<u>PROV.</u>	<u>MUNICIPAL (CIVIC)</u>
1) Department of Health & Welfare MINISTER. J. WALDO HORTON JUDY LA MARCH.	1) Dept. of Education - Minister of Ed. (Peterson) (Public School Act) (Universities Act) - Deputy Min. J.K. English - District Superintendent	- 300 REC. COMMISSIONS 1) School Board (Bl.) City, municipalities school district. - Sup. of Sc. Bd.
DEPUTY (2) MR. WILLARD (MR. R. DIGN) WAS.	2) Dept of Rec. & Conservation. - Hunting & fishing. - Camp-sites, marinas - Min. (Westwood) - Dep. Mr. D. Turner.	2) Rec. Commission (Bd. of P. & P.R.)
VOLUNTARY	3) Community Prog. Branch - Dir. Mr. J. Pantony. Victoria (Douglas Bldg) (Adm. board for (34R) (Adult Ed. + Rec.) (Chair. Mr. W. Baker) 4) B.C. R. A. - Mr. Cummings 5) CANPER. 6) BC PETA. - Teachers. O. Rec. A. (Ontario)	Al. Curtis
	Salaries vary.	

1930 - No P.E. in B.C.

Early 30's -

B. C. 131.

Sept 25, 1961.

"Fitness and Amateur Sport Act"

Objects. To encourage, promote + develop
fitness + amateur sport in Canada.

- 1) Assistance for promotion + development of
Canadian participation in national + intern. sports.
- 2) Provide for training of coaches + other personnel.
- 3) Bursaries + fellowships to assist training of personnel.
- 4) Undertake or assist in research or surveys -
- 5) Arrange for national + regional conferences.
- 6) Provide for recognition of achievement by
certificates, citations, awards of merit.
- 7) Prepare + distribute information
- 8) Assist any interested group (groups)
- 9) Co-ordinate federal activities in co-op.
with other Gov't depts + agencies.
- 10) Undertake projects or programs + services
+ facilities (general help) to promote Act.

GRANTS. Can be made to agency, organization 515
institution in the field. (Nationally organized.)

Provincial Agreements

- Period not to exceed 6 yrs.

Governor in Council - appoints

Nat. Advisory Council on F. & A.S.

- up to 30 members (non-paid - term exp.)
- office held 3 yrs.
- chairman appointed (+ paid)
- ⑦ - at least one (1) from each province.
- quorum
- absence ~~of~~ incapacity (members appointed)
- Council makes own rules & committees.

Governor in Council - refer back & forth.

B.C. R.A.

1953. Pro - Rec.

Social Credit brought in,
Community Programs Branch.

1955

- Consultants for

- 1) Recreation Commission
- 2) Parks + Recreation Comm.
- 3) Civic Properties + Rec. Comm.

- Ice machines - Prince George
(Manager) \$8 - \$12,000

- 425 Commissioners

under R.O.

1957

- ~~PNW~~ Conference N.R.A. - Steering Committee

May 1958. Constitution for B.C.R.A.

Majority of commissioners are members

- 1) Prov. Conference. May 7-9.
- 2) Resolutions to Prov. Gov't.
- 3) limited scholarships to UBC.
- 4) Newsletter - short.
- 5) Job openings. Fort St. John, Dawson Creek.
- Parks - upkeep of grounds.
- Establishment of correspondence s. at UBC.

P.N.W.

P.N.E.

Central

W. Port.

E. Port.

Okanagan

Similkameen

Sechelt

Vanc.

- 6) Grants for seasonal programs.
- 7) Parks and Rec. Commissions (joint)
- 8) Commissions - appointed except in Vanc.
- 9) Prov. Summer School - 1 week.
- 10) Inter-Municipal Rec. Commissions.
- 11) Advisory Board - Rec + Adult Education.

School + Rec. Dept. co-operate in programs + facilities.

Community Programs Branch. (Branch - Dept of Educ)

(Sports and Fitness Branch)

Victoria Mr. Maltman, Asst. (Fitness) Vanc.
Mr. Pantou, Director
Mr. Curtis, Asst. Adult Ed. Vanc.
Vict. Mr. Pymn, Reg. Consultant.
Vict. Miss Adamson, Home Advisor.

Rec Consultants 1) Abbotsford, T. Ruben.

2) Central B.C. W. Myers. (Kamloops)

3) Northern B.C. Bob Davis. (Quesnel)

4) W. North B.C. Derek McCooly. (Smithers)

5) Okanagan - Simul. John McBurnin (Kelowna)

6) I. + W. Kootenays Max Gordon (Nelson)

7) Victoria + Vancs. Gordon Pymn. (Victoria)

P.E. 'Emergreen' profession.

(Sports and Fitness Branch)

Policy - Every community in B.C. served.

- 1) Service to community where it has set up a Recreation Commission
- 2) Work with all Senior Sporting Organizations.
- 3) Establish communications system.
 - know + keep in touch.
 - 354 Rec. Commissions.
 - B.C. Track + Field Assoc.
- 4) Clinics. Find teachers + pay them.
 - Sep-Mar. Sports + leaders training.
- 5) Sports + Fitness Conference.
- 6) Films library.
- 7) Books - Research office. UBC.
 - (Hypo - (Hypo - kinetic disease - ill through lack of exercise) (mental + physical)
- 8) Equipment - gymn. wrestling.
- 9) Office assistance. - 1200 p. of mail.

- 10) Research project. VBC.
 Comparative schools. Skumogin Lake v.
 1) Private v. public
 2) Pilot study of elementary school.
 1) Normal P.E. program
 2) 1 hr week.
 3) Inscribed program 1 hr. day.
 Progression in P.E. + I.Q.
 3) Research books
- 11) Bursaries - up to \$500 a yr.
 Scholarships
 Post-graduate studies.

History of C. P. Branch.

1934. Con't in P.E. + community recreation.
 Pro - Rec. Rec. + P.E. Branch. (PHYSICAL ONLY)
 Physical, moral, mental life in unemployed.
 Gymnastic classes conducted in communities.
 Vancouver - control + controlled community life.

1953. C.P. Branch (copied Ontario) do what community wants
 Victoria + 9 field reps. (?)
 Rep - Publicity, consultant

Services.

Director

2 assts.

K. Meltham
 (Sports + Fitness Co-ordinator)

Works in Federal govt

Mr A. Carter
 (Adult Education)

Con't supports Night School.
 7000 in BC.
 Vocational + Academic.

Wanna Specialist. Admiss (Clerk 3)



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